

Join us on the **Esk Valley Railway**



Forget-Me-Not Dementia Train

**For those living with
Dementia and their carers**



**Wednesday 19th
November and 17th
December 2025**

**DECEMBER
CHRISTMAS
JUMPER
SPECIAL!**

Wednesday 19 November 2025

Depart Whitby 12.00 arriving in Middlesbrough
at 13.30, returning to Whitby for 15.37.

Wednesday 17 December 2025

Depart Whitby 12.00 arriving in Middlesbrough
at 13.32, returning to Whitby for 15.37.

You can join us from any station along the line.

Live music by the fabulous Dave Clegg Duo.

**Complimentary hand massages together
with lots of other surprises along the way.**

Please bring a picnic as there are no refreshments
available (on board or at Middlesbrough Station)
then sit back and enjoy all this train has to offer!
We look forward to welcoming you.

No need to book. Standard low fares
and railcard discounts apply.

**For the latest travel information on the
day of travel. Please check our
website, social media or
call 07584 419114
for updates.**



This is an Esk Valley Community Rail Partnership Initiative. Kindly supported by



NORTHERN



NORTH
YORKSHIRE
COUNCIL



**NICK OWEN
DRAIN SERVICES**



**Email: trythetrain@eskvalleyrailway.co.uk
www.eskvalleyrailway.co.uk**